NOC News - June 2022

In this month's news:

- NOC success at the British Sprint Championships
- Entry into NOC's RETFORD urban event
- Free eLearning mapping course
- Ensuring NOC meets your needs
- Events to enter in the coming weeks

Medals at the British Sprint Championships

NOC were well represented at the British Sprint Championships held at Leeds University on 11/12 June. Club members secured an impressive medal haul in the finals with the following podium finishes in their respective age classes:

Gold: Ant Squire and Hilary Palmer

Silver: Richard Robinson

Bronze: Tricia Neal

Congratulations to all who participated and for continuing NOC's strong showing in major competitions this year.



Ant Squire receiving his GOLD medal.



Richard Robinson secured SILVER medal.



Hilary Palmer GOLD and Tricia Neal BRONZE medals.

Next Event: RETFORD - 10th July

Entries are now open for our next event in Retford. This will be a great urban event taking in the historic market town centre, some picturesque parkland and some intricate residential areas too. This event has been upgraded to form part of the East Midlands Urban League, however courses are available to suit all ages and abilities.

Newcomers to the sport often benefit from urban courses as they can be easier to relate building shapes and street sections to the map. Look out for the Adult Newcomer and Family Explorer courses as well as the Young Junior courses. Further details on the web site or book now at The Start Kite.

Free eLearning Mapping Course

Enhance your orienteering experience by taking an eLearning course that introduces you to the process of updating a forest map. This is a brand-new course developed by British Orienteering in association with our own David and Pauline Olivant.

The course takes about an hour to complete after which, in addition to receiving a certificate and access to various resources, NOC members will be assigned to a mentor who will help to develop member's skills and knowledge further.

Normally priced at £10, you can access this course free-of-charge. Respond directly to p.olivant@btinternet.com for further information and to receive log-in details. The free-of-charge offer is time-limited so **please reply by 10**th **July**.

Another version of this course, focusing on updating urban maps, is currently being developed. If this interests you, please let Pauline know and she will contact you as soon as it becomes available.

Are you getting what you want from NOC?

You'll have an opportunity in October to influence how NOC evolves in the future. The Annual General Meeting will take place after the Oxclose Woods event now scheduled for the 9th October 2022. The likely venue will be the Rebecca Adlington Sports Centre (NG19 7BZ).

Apart from the formal AGM requirements, you'll have an opportunity to talk with Committee members formally or informally about what you want from NOC. Refreshments will be available. So, **save the date in your diaries**. Further details will be confirmed shortly.

Other Activities:

June also saw the launch of a new Permanent Orienteering Course in Ollerton as well as a large school's event with more than 150 children participating in Bassetlaw. Details of these activities will appear separately in the News section of the NOC web site.

Upcoming Events:

Here is a summary of local and regional orienteering events you can enter in the coming weeks:

LEI Summer League:

Weds 6th July – Knighton Park Thur 14th July – Markfield Urban Tues 19th July – Beacon Hill Thur 29th July – Foxton Locks Wed 3rd Aug – Hinckley

NOC - Retford Urban - Sun 10th July - East Midlands Urban League

<u>LOG – Lincs Urban League</u> – Weds 13th July – Witham St Hughs

<u>DVO – Belper Urban</u> – Sun 31st July – East Midlands Urban League

Keep a look out too for the informal sessions put on by <u>Bassetlaw District Orienteers</u>. The next activity will be in Tuxford on the 6th July.

Further events can be found on the **British Orienteering** website.

Enjoy your summer of orienteering!